



SIMPLE40

100 ways to serve

Invite your priest or pastor over for dinner	Set a timer for 10 minutes and clean out a "junk" drawer	Scoop snow for your neighbor	Complement the cashier at the grocery store	Double your next tip
Write a love note to your spouse	Donate food to your local food bank	Make and deliver get well cards to your local children's hospital	Offer to babysit for a single mom	Volunteer to serve at a local soup kitchen
Write a love note to your children	Grocery shop for someone who is unable to do so themselves	Participate in your local 40 Days for Life campaign	Prepare and deliver a meal for a family in crisis	Do an extra chore without complaining
Offer to drive an elderly or disabled person to Mass	Participate in a blood/plasma drive	Keep water bottles handy in your car and hand them out to the homeless	Offer to babysit for a mom of many so she can have an afternoon to herself	Participate in a fundraiser for your favorite charity
Donate diapers to your local pro-life clinic	Offer to serve coffee and donuts after Mass	Donate clothing to a local community closet where clothing is given away to the needy	Prepare a meal for your priest or pastor and drop it off	Help serve at your local parish Friday Fish Fry
Volunteer to work at your local food bank	Make and deliver get well cards to your local nursing home	Write a note of gratitude to your spouse	Volunteer at your local animal shelter	Write a letter of gratitude to a soldier serving overseas
Offer to help in leading Stations of the Cross at your parish	Plan your menu for the week, including all meals and stick to it	Take a walk through your neighborhood and pick up trash	Offer to read at your local elementary school	Volunteer for your local Meals on Wheels program
Clean out the freezer and make a meal plan based on what needs to be used up	Organize a field trip to an historical place in your town	Write a note of thanks to your mail carrier and put it in your mailbox for them	Donate books to a used book store	Shop for Easter gifts and food items before Holy Week
Clean out the fridge and make a meal plan based on what needs to be used up	Plan a Mom's night out with Jesus - Dinner and adoration	Meet a friend with little children at confession and watch her kids while she goes.	Check in on a friend who recently had a baby	Make your Holy Week and Easter Meal Plan before Holy Week
Make a meal for your priest and deliver it	Invite someone new to the Mom's night out you just planned	Participate in a Lenten book discussion	Check in on a friend who recently had a surgery	Pull couch out and pick up any stuff you find. Vacuum or mop.



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Choose to stand in the longest line at the store and start a conversation with the person in front of you	Clean the baseboards in your home	Volunteer to help with a community theater event	Host a Lenten prayer gathering in your home	Refrain from judgement and offer kind words or actions instead
Offer to clean house for a new mom	Create a care package for a college student	Double your next recipe and share it with a friend or neighbor	Driving through for coffee? Pay it forward and buy the coffee for the person in line behind you.	If you are on social media, use it to promote the sanctity of life, marriage, faith, etc
Write a note of encouragement to your diocesan seminarians	Call a friend that you haven't talked to in a while	Offer to teach someone a new skill	Support local small businesses by shopping and recommending	Donate unused credit card reward points to a charitable organization
Hold the door open for someone	Random act of kindness	Ask for help or prayers when you need them, allowing others to give back	Check in on an elderly neighbor to determine if they need help or company	On trash day, help your neighbor by taking in or out their cans
Contact your parish office to see what you can do to help	Share your knowledge with someone who could use it	Send a quick text or email to let a friend know you are thinking of them	Share your knowledge with someone who could use it	take time to write a positive review for a person or company you had a good experience with
Host a clothing swap with families that have kids similar ages	Have a coffee date with a teenager in your life. listen, encourage and support	Participate in a local park clean-up	Train and participate in a local "fun run" to support a good cause	Donate your old glasses at the vision center in any Walmart or Costco.
Join with other families on a Sunday for potluck and board games	Help someone load groceries into their car	Push wayward grocery carts into the corral	Train and participate in a local "fun run" to support a good cause	Call your mom
Leave a basket of baked goods on your neighbor's porch - just because	Donate to your local church's Lenten food drive 40 cans for 40 days	Volunteer to help clean your church before Easter	Set a timer for 20 minutes and clean out a closet	Host a book swap with a group of friends
Take flowers to your parish secretary as a thank you	Bring healthy treats to work to share with coworkers	Share the Gospel with a stranger	Drop a bag of essential groceries on the porch of someone you know who is struggling	Set a good Sabbath example for family and friends by not shopping or doing unnecessary work
Set up a virtual rosary meet up with friends and /or family	Call a sibling you haven't spoken with in a while and be a good listener	When someone asks if they can bring something, say YES, even if it is just pretzels for the kids	Donate board games and decks of cards to the homeless shelter	Drive the speed limit and demonstrate good road etiquette.